**Multiculturalism in American through Cuisine**

America is called the “Great Melting Pot” and what better way to understand all of the ingredients inside that pot than through food? You will be assigned a food with origins outside of the founding of America. You will analyze and critique how this food has contributed to the American identity and its importance to American culture.

Consider the following questions:

* What’s in this dish?
* What is the recipe?
* What is the etymology of this dish?
* Are the ingredients Old World or New World?
* What does the balance of Old World/New World ingredients make you think of?
* Why does the dish use these particular ingredients?
* What culture or ethnic group is mostly associated with or credited with creating this dish?
* Is this dish usually served with something else? If so, what?
* Is there a particular time of year or occasion when this dish is usually served?
* How is it prepared?
* What variations are there of this dish and why does it take this change?
* How do the cooking method and ingredients relate to the culture?
* How has this dish changed based on time period, geography, or circumstance?
* How does this dish take on an American identity?

**Annotated Recipe:**

List out all of the ingredients for your dish (you should have at least 5 ingredients, but the more the better). Beneath each ingredient, I want you to apply the following information:

* Old World or New World ingredient
* Region of Origin
* Etymology of the word
* Is the ingredient an original part of the recipe from before coming to America?

Next, write out the steps of how to prepare the dish. Be as thorough as possible, from picking/cleaning the ingredients to heating, mixing, temperatures, time cooked, etc.

Working in Pairs, teacher assigned, Chrome books needed for 3-4 days, large index cards for annotated recipe cards with illustration

Foods:

Pizza

Collard Greens

Taco

Gumbo

General Tso’s Chicken

Sushi

Pho

Beer

Po’ Boy

Cubano Sandwich

Gyro

Hot Dog

Apple Pie

Seafood Boil

Fry Bread

Barbeque

Fritter

Hoppin’ John

Hamburger

Hummus

Guacamole

Cornbread

Macaroni and Cheese